



Live Date: 3/29/17 @ 1:00 PM CST

Small-Sided Games in PE: Maximizing Play & MVPA with Jessica Shawley

The use of “Small Sided Games” (SSGs) as a best practice in physical education and can provide a big return in terms of maximizing participation, inclusion, skill development, and assessment opportunities while keeping the learning environment enjoyable. Through purposeful progressions, Small Sided Games re-create the physical or tactical demands found in game-play but in a smaller setting while still allowing for improvement to fitness levels. This webinar will challenge the listener to re-think the “traditional” and provide resources, progressions, and sample activities they can begin using immediately in their program.