Date: Wednesday, May 22 from 4:00 – 5:00 p.m., EDT

Monitoring Daily Physical Activity
with Dr. Robert Pangrazi and Maria Corte

Monitoring student activity over a 24-hour time frame allows you to set life-impacting goals and outcomes for students. Learn more about the FITstep™ Stream pedometers that capture and upload data with just the push of a button. Dr. Pangrazi and Maria Corte also share best practices for monitoring students’ daily activity.

About the Presenters:

Robert Pangrazi is a Professor Emeritus at Arizona State University and an Educational Consultant for Gopher Sport. Pangrazi has been in the education field over 50 years. He began his career as a 5th grade teacher and was an ASU professor of physical education for 32 years. Pangrazi has published over 60 textbooks and 100 research and professional articles. He has been an invited speaker at nearly 500 national and international conferences.

Maria Corte attended Arizona State University where she received a Physical Education Bachelors Degree. She received her Master’s Degree from the University of Phoenix in Education Administration. Maria has been teaching at Mesa High School since 1994. While teaching at Mesa High, Maria has developed and created a cutting-edge fitness program and the Mesa High Elite Fitness Club, which serves as a model for schools around the country. In addition to her teaching, she has coached varsity volleyball, track, cheerleading and is one of the strength and conditioning coaches at her high school. Maria has made numerous state and national presentations. She speaks on a number of topics including innovative fitness routines, management and discipline, and skill instruction. Maria was named the 2004 Arizona High School Physical Education Teacher of the Year and in 2005 she received the NASPE Southwest District High School Teacher of the Year Award.